

## Community Support



--a postpartum depression support group--

A non-judgemental, confidential environment where women can share thoughts and feelings, receive support, and obtain information about perinatal mood and anxiety disorders.

First Wednesday of every month - 12:00 pm  
Third Wednesday of every month - 6:00 pm  
Decatur Public Library, the Staley Room

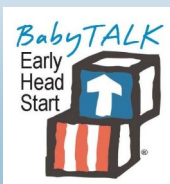
Karla Thornton - MAC, LPC  
Mom who survived PPD  
phone 217-464-2045

Katie Eytchison - Library Assistant  
Mom who survived PPD  
phone 217-424-2900 x173

## Online Support

Baby TALK has several different ways to connect with you online!

Check out our Facebook pages by searching Baby TALK and look for the logo!! Also find info on Early Head Start!



### Group Locations

Baby TALK office  
500 E. Lake Shore Dr. Decatur

Decatur Public Library  
130 N Franklin St.

Forsyth Public Library  
268 S Elmwood St.

New Life Pregnancy Center  
1698 Pershing Rd. Decatur

### Baby TALK's Mission

To positively impact child development and nurture healthy parent-child relationships during the critical early years.

### Baby TALK Warm Line (217)-475-2229

For questions about parenting, child development or Baby TALK services!

# BabyTALK

...Because the early years really matter.



## February 2019 Monthly Calendar

# Baby TALK Calendar

February 2019

## Baby TALK Times (BTT):

Small parent– child groups designed for families with children birth to three years to share parenting questions & concerns, to celebrate babies' achievements; and come to have fun with books, toys, songs & finger plays.

Addresses for BTT locations are on the back.

## Teen Mother Support Group:

Are you looking for a safe space to talk about your successes & struggles as a young mother?

@5:20-6:20pm @ New Life Pregnancy Center  
For questions or more info call

## Special Connections:

Join us on the 1st Thursday & 3rd Tuesday of every month for songs, story time and finger plays! This class is geared for children with special needs birth to 5 years old & their families.

We meet at the Baby TALK office on Lake Shore.  
Siblings are welcome & parent supervision is required.

## Breastfeeding Support Group:

Led by breastfeeding specialists.  
Pre- & post-feeding infant weights will be available.

All breastfeeding mothers, as well as their children and support system are welcome!  
Check out FACEBOOK for updates on special events during these groups!!

Mon	Tue	Wed	Thu
<b>4</b> <u>Teen Mother Support</u> Followed by <u>BTT 6:30-7:15 pm</u> New Life Pregnancy	<b>5</b> <u>BTT 6-6:45pm</u> Decatur Public Library	<b>6</b> <u>BTT 9:30-10:15am</u> Forsyth Public Library	<b>7</b> <u>BTT 10-10:45am</u> Decatur Public Library <u>Special Connections</u> 5:30- 6:15pm
<b>11</b> <u>BTT 6:30-7:15pm</u> New Life Pregnancy Center	<b>12</b> Decatur Public Library Closed after 5:30 <u>No BTT</u>	<b>13</b> <u>BTT 9:30-10:15am</u> Forsyth Public Library	<b>14</b> <u>BTT 10-10:45am</u> Decatur Public Library <u>Breastfeeding Support</u> 12-2pm Baby Talk Lake Shore Office
<b>18</b> <u>BTT 6:30-7:15pm</u> New Life Pregnancy Center	<b>19</b> <u>BTT 6-6:45PM</u> Decatur Public Library <u>Special Connections</u> 10-10:45	<b>20</b> <u>BTT 9:30-10:15am</u> Forsyth Public Library	<b>21</b> <u>BTT 10-10:45am</u> Decatur Public Library
<b>25</b> <u>BTT 6:30-7:15pm</u> New Life Pregnancy Center	<b>26</b> <u>BTT 6-6:45pm</u> Decatur Public Library	<b>27</b> <u>BTT 9:30-10:15am</u> Forsyth Public Library	<b>28</b> <u>BTT 10-10:45am</u> Decatur Public Library <u>Breastfeeding Support</u> 12-2pm Baby Talk Lake Shore Office

Thank you to our friends of the Decatur Public Library, Forsyth Library & New Life Pregnancy Center for your BTT sponsorship!

For future calendars & updates:  
<http://babytalk.org/baby-talk-times/>  
For bad weather cancellations:  
WAND News or our Facebook page!

Classes are FREE & no pre-registration is required!