

Breastfeeding Support

Breastfeeding Support Group

Thursday,
January 10, 2019
12:00 - 2:00 p.m.

Presentation:
"Getting the most
out of your pump"

Door prize
drawing for a free
double electric
breast pump



Thursday,
January 24, 2019
12:00 - 2:00 p.m.

Presentation:
"Be good to
yourself!"

Yoga and
Mindfulness
techniques will be
demonstrated

Baby TALK Office
500 E. Lake Shore Dr. - Decatur

Baby TALK Home Visiting

Home Visiting

Home Visitors provide a personalized experience based on the family's interests, which include the following:

- Age appropriate activities for parent and child until age 3
- Parental support
- Developmental screenings
- Free family fun events
- Family goal setting
- Access to additional community resources through referrals

211-415-2234 for more information



www.babytalk.org

Group Locations

Baby TALK office
500 E. Lake Shore Dr. Decatur

Decatur Public Library
130 N Franklin St.

Forsyth Public Library
268 S Elmwood St.

New Life Pregnancy Center
1698 Pershing Rd. Decatur

Baby TALK's Mission

To positively impact child development and nurture healthy parent-child relationships during the critical early years.

Baby TALK Warm Line (217)-475-2229

For questions about parenting ,
child development or
Baby TALK services!

Join our online community by
liking "**Baby TALK Warmline**" on
Facebook!

Baby TALK

...Because the early years
really matter.



January 2019
Monthly Calendar

Baby TALK Calendar

January 2019

Baby TALK Times (BTT):

Small parent– child groups designed for families with children birth to three years to share parenting questions & concerns, to celebrate babies' achievements; and come to have fun with books, toys, songs & finger plays.

Addresses for BTT locations are on the back.

Teen Mother Support Group:

Are you looking for a safe space to talk about your successes & struggles as a young mother?

@5:20-6:20pm @ New Life Pregnancy Center
For questions or more info call
(217) 330-9780

Special Connections:

Join us on the first Thursday of every month for songs, story time and finger plays! This class is geared for children with special needs birth to 5 years old & their families. We meet at the Baby TALK office on Lake Shore. See Calendar for times! Siblings are welcome & parent supervision is required.

Breastfeeding Support Group:

Led by breastfeeding specialists. Pre- and post-feeding infant weights will be available. All breastfeeding mothers, as well as their children and support system are welcome! Check out FACEBOOK for updates on special events during these groups!!

Mon	Tue	Wed	Thu	Fri
	1	2	3 <u>Special Connections</u> 5:30– 6:15pm	4
7 <u>Teen Mother Support</u> Followed by <u>BTT 6:30-7:15 pm</u> New Life Pregnancy Center	8 <u>BTT 6-6:45pm</u> Decatur Public Library	9 <u>BTT 9:30-10:15am</u> Forsyth Public Library	10 <u>BTT 10-10:45am</u> Decatur Public Library <u>Breastfeeding Support</u> 12-2pm Baby Talk Office	11
14 <u>BTT 6:30-7:15pm</u> New Life Pregnancy Center	15 <u>BTT 6-6:45pm</u> Decatur Public Library <u>Special Connections</u> 10-10:45am	16 <u>BTT 9:30-10:15am</u> Forsyth Public Library	17 <u>BTT 10-10:45am</u> Decatur Public Library	18
21 <u>BTT 6:30-7:15pm</u> New Life Pregnancy Center	22 <u>BTT 6-6:45pm</u> Decatur Public Library	23 <u>BTT 9:30-10:15am</u> Forsyth Public Library	24 <u>BTT 10-10:45am</u> Decatur Public Library <u>Breastfeeding Support</u> 12-2pm Baby Talk Office	25
28 <u>BTT 6:30-7:15pm</u> New Life Pregnancy Center	29 <u>BTT 6-6:45pm</u> Decatur Public Library	30 <u>BTT 9:30-10:15am</u> Forsyth Public Library	31 <u>BTT 10-10:45am</u> Decatur Public Library	

Classes are FREE & no pre-registration is required!

Thank you to our friends of the Decatur Public Library, Forsyth Library & New Life Pregnancy Center for your BTT sponsorship!

For future calendars & updates:
<http://babytalk.org/baby-talk-times/>
For bad weather cancellations:
WAND News or our Facebook page!