

## Collaboration With University of Central Florida: Research to the Community

Baby TALK INC., and the Understanding Children and Families Laboratory at the University of Central Florida have established collaboration in an effort to identify appropriate curriculum topics for readings for expectant mothers and begin a path toward research on the utility and effectiveness of such readings. The goal would be to identify and provide informative materials that would provide expectant mothers with appropriate and evidence-based information regarding their pregnancy. Additionally, to further understand the utility and effectiveness of the curriculum for informing expectant mothers, data collection regarding expectant mothers' perceptions of their current pregnancy, their anticipated parenting behaviors, and their demographic characteristics is being collected. In addition, expectant mothers are being asked to provide qualitative information through the use of focus groups to better incorporate the needs of the population. The current project will serve to infant mental health professionals by providing both qualitative and quantitative information to better serve expectant mothers as well as useful practical information for bridging university-based laboratories and community-based organizations.