

Baby TALK Home Visiting Reference Guide

Newborn Period

Newborn Developmental Perspectives

One Month

One Month Developmental Perspectives

IELG: I love your voice! – Knows your voice

Let's TALK- A Cry of Passion, crying

IELG: My eyes can track! - Follows an object

Handout and Activity: Can My Baby See, art book

IELG: I can lift my head - Lifts head briefly

Let's TALK- The Powerful Newborn, newborns impact their world

IELG: Why do I startle? - Responds to a noise

Handout and Activity: Large Motor Development, foot rattle

Supplemental Material(s)

Two Months

Two Month Developmental Perspectives

IELG: So, these are MY hands! - Hand awareness

Let's TALK- The Diaper, opportunities in diapering

IELG: Do you want to talk? - Mouth noises, face-to-face interactions

Handout and Activity: Hey Good Lookin', mirror card

IELG: Is this what I look like, too? - Loves to look at Faces

Let's TALK-That Bad Baby, good baby vs. bad baby

IELG: I know what happens next! - Begins anticipating routines

Handout and Activity: Attachment, fleece blanket

Supplemental Material(s)

Baby TALK Home Visiting Reference Guide

Three Months

Three Month Developmental Perspectives

IELG: I can lift my head and chest! - Raises head and chest when on tummy

Let's TALK- The Eyes Have It, learning through observation

IELG: Shake, rattle, and grasp! - Grasps and shakes toys

Handout and Activity: Along for the Ride, car seat gallery

IELG: Baby's Got Babble! - Begins to imitate sounds

Let's TALK- A Face in the Crowd, stranger recognition

IELG: You make me smile! - Smiles socially

Handout and Activity: Look Into My Eyes, tracking toy

Supplemental Material(s)

Four Months

Four Month Developmental Perspectives

IELG: Rolling to back - Rolling over

Let's TALK- The Mozart Effect, music's impact

IELG: Sitting so Pretty - My neck is becoming stronger

Handout and Activity: Puppet Play, bunny puppet

IELG: Learning through my senses, my mouth is the best! - Explores objects with his mouth

Let's TALK- Born to Learn, support baby's learning

IELG: The World is a Rainbow - I can see lots of colors now

Handout and Activity: Mother Goose Rhymes, book

Supplemental Material(s)

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Five Months

Five Month Developmental Perspectives

IELG: That's my name! - When you call his name

Let's TALK-Daily Reunion, reuniting with baby

IELG: (Almost) In the palm of her hand! - Rakes small objects with whole hand

Handout and Activity: Fun with Blocks, soft blocks

IELG: Listen to the beat! - Reacts to music by cooing

Let's TALK-Being with Babies, being present with baby

IELG: Hand to mouth! - Brings toys to mouth

Handout and Activity: Visual Development, picture cards

Supplemental Material(s)

Six Months

Six Month Developmental Perspectives

IELG: Left, Right, Write... - Transfers objects between hands

Let's TALK-Affairs of State, state management

IELG: Peek-A-Boo! I Learn By Looking At You! - Plays peek-a-boo

Handout and Activity: Colors All Around, book of colors

IELG: Partially out of sight...but not out of mind! - Finds partially hidden toy

Let's TALK-Stressed Out!, stress in babies

IELG: Infant with a cause...and reaction! - Begins to understand cause and effect

Handout and Activity: Object Permanence, peek-a-boo board

Supplemental Material(s)

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Nine Months

Nine Month Developmental Perspectives

IELG: What is the limit? - Setting limits

Let's TALK-The Parent Connection, parents support one another

IELG: Bang, bang, bang! - Bangs objects together at midline

Handout and Activity: Creating Your Own Family Culture, jingle drums

IELG: Here is my nose and there is a ball! - Points to body parts

Let's TALK-Building Parental Muscles, parental development

IELG: New people can be scary! - Stranger anxiety

Handout and Activity: Going to the Doctor, doctor bag

Supplemental Material(s)

Ten Months

Ten Month Developmental Perspectives

IELG: Books are yummy! - Looks at picture books

Let's TALK-Take Care, self care

IELG: Look what my body can do! - Pulls to stand

Handout and Activity: Leaving Your Baby, babysitter board

IELG: "The wheels on the bus..." - Likes moving parts on toys

Let's TALK-Tug of War, parental responsibilities

IELG: Look what I did!!!! - Shows pride in accomplishments

Handout and Activity: Sweet Success, clothes pin drop

Supplemental Material(s)

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Thirteen Months

Thirteen Month Developmental Perspectives

IELG: I love you the best! - Strongly attached to a specific toy

Let's TALK-Your Mother and Mine, motherhood

IELG: May I have this dance? - Likes to dance to music

Handout and Activity: Balls, ball play

IELG: I'm "telling" you no! - Shakes head "no"

Let's TALK-One Bite at a Time, the small things count

IELG: What's the point? - Understands and uses pointing

Handout and Activity: Bedtime, bedtime moon

Supplemental Material(s)

Fourteen Months

Fourteen Month Developmental Perspectives

IELG: I am SO frustrated! - Shows frustration by having a tantrum

Let's TALK-Taking on Temperament, temperament and behavior

IELG: Let me show you how much I love you! - Shares affection

Handout and Activity: Big and Little, growth chart

IELG: See ya later! - Waves bye-bye

Let's TALK-No More Buy Buy Baby- relationships impact development

IELG: I am learning to love being read to! - Wants to turn pages in books

Handout and Activity: Sign Language, basic signs

Supplemental Material(s)

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Seventeen Months

Seventeen Month Developmental Perspectives

IELG: I see what you're asking and I can point to it! - Points to familiar objects

Let's TALK-Bubble-Wrap the Baby, keeping baby safe

IELG: I can do it again, and again, and again - Enjoys doing the same things again

Handout and Activity: Sign Language, social signs

IELG: I can clean, fold, sweep...and I love it! - Helps in your jobs around the house

Let's TALK-The Tipping Point, tantrums

IELG: The cow says "Moo", the dog says.. - Makes animal sounds while looking at books

Handout and Activity: Rain, crayon and watercolor picture

Supplemental Material(s)

Eighteen Months

Eighteen Month Developmental Perspectives

IELG: Let's sing and motion! - Imitates songs and finger plays

Let's TALK-The Soul of a Story, reading to children

IELG: I can do it by myself! - Does things for himself

Handout and Activity: Sign Language, food

IELG: If I want it, it's mine; if I see it, it's mine...- Is possessive of toys

Let's TALK-The First Time, celebrating baby's firsts

IELG: If you cry I will give you a hug! - Shows sympathy

Handout and Activity: Bugs, plastic bug sensory activity

Supplemental Material(s)

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Nineteen Months

Nineteen Month Developmental Perspectives

IELG: Play ball! - Tries to kick a ball; tries to throw a ball

Let's TALK-The Power of Persistence, parental endurance

IELG: Head, shoulders, pants, and shoes! - Points to body parts and clothing when named

Handout and Activity: Bears, clay paw prints

IELG: We are family! - Enjoys looking at a family book

Let's TALK-Great Expectations, discipline

IELG: Budding Monet- Scribbles on paper

Handout and Activity: Fall Leaves, leaf and contact paper project

Supplemental Material(s)

Twenty Months

Twenty Month Developmental Perspectives

IELG: I want you, don't go! - May have difficulty with separation

Let's TALK-Trips with Tots, traveling with a toddler

IELG: It's a puzzle! - Completes a simple three or four piece puzzle

Handout and Activity: Sign Language, animals

IELG: You want me to do what? - Is able to follow simple directions

Let's TALK-Toddlers-What Two Do?, toddler development

IELG: I know what I want, I can let you know too! - Indicates wants

Handout and Activity: Trucks, book of vehicles

Supplemental Material(s)

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Twenty-One Months

Twenty-One Month Developmental Perspectives

IELG: I want it now, now, now! - Temper tantrums

Let's TALK-Washing Dishes, learning through "helping"

IELG: Ooey, gooey, messy fun! - Messy play

Handout and Activity: Ducks, paint with feathers

IELG: Cleaning, cooking, sweeping, dusting... - Imitates housework and "helping" you

Let's TALK-When Kids Know Best, children's choices

IELG: Let me see how far I can reach - Stands on tip toes

Handout and Activity: Tails, matching animal heads and tails

Supplemental Material(s)

Twenty-Two Months

Twenty-Two Month Developmental Perspectives

IELG: In the fold - Folds paper

Let's TALK-Backing Off and Stepping In, parental involvement

IELG: I can make up my own mind! - Wants to make decisions

Handout and Activity: Night Sky, star project

IELG: Let's play charades! - Uses gestures when communicating with others

Let's TALK-Life in the White Spaces, spending time with your child

IELG: My scribbles are becoming more purposeful! - Imitates a circular scribble

Handout and Activity: I Can Get Dressed!, paper bag clothes

Supplemental Material(s)

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Twenty-Three Months

Twenty-Three Month Developmental Perspectives

IELG: I know where my toys go! - Remembers where objects belong

Let's TALK-Super Hero Parents, reactions to threats to our child

IELG: Up and down I go! - Goes up and down a slide

Handout and Activity: Gardening is Fun, plant seeds

IELG: Stringing beads, one by one! - Strings one-inch beads

Let's TALK-Thar She Blows!, temper tantrums

IELG: The Wheels on the Bus go Round and Round...- Sings phrases of songs

Handout and Activity: Dinosaurs, fern rubbing

Supplemental Material(s)

Twenty-Four Months

Twenty-Four Month Developmental Perspectives

IELG: My block is a phone! - Begins engaging in simple pretend play

Let's TALK-The Parrot, power of our words

IELG: Let's put these in order - Nests blocks or stacks rings in right order when shown

Handout and Activity: Happy Birthday, birthday drawing

IELG: My many colored feelings - What emotions does your toddler express?

Let's TALK-A Little Help From our Friends, system of support

IELG: The cow says moo! - Matches sounds to animals

Handout and Activity: Birds, pinecone birdfeeder

Supplemental Material(s)

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Twenty-Five Months

Twenty-Five Month Developmental Perspectives

IELG: I can pedal my trike! - Rides a tricycle

Let's TALK-Cause to Clean Up, learning through cleaning up

IELG: I can eat all by myself and it is messy and fun! - Feeds himself

Handout and Activity: Animal Homes, animal cut out activity

IELG: I think I need to go! - Begins to anticipate the need to go potty

Let's TALK-Daily Dance Party, music

IELG: Help me get to the next step - Transitioning in activities

Handout and Activity: Camouflage, animal camouflage activity

Supplemental Material(s)

Twenty-Six Months

Twenty-Six Month Developmental Perspectives

IELG: We are family! - Names people in family

Let's TALK-To Pee or Not to Pee, toilet training

IELG: 1, 2, 3...count with me! - Understands the number one

Handout and Activity: Funny Bunny Fun, bunny paper plate

IELG: Brush, brush, brush your teeth! - Brushes teeth with assistance

Let's TALK-Whose Goal Is It?, the child's developmental agenda

IELG: I want to make you feel better... - Is self-centered, but tries to comfort others

Handout and Activity: Boats Float, float/sink play

Supplemental Material(s)

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Twenty-Nine Months

Twenty-Nine Month Developmental Perspectives

IELG: This is for this and that is for that - Understands functionality of objects

Let's TALK-Conversing with Kids, conversation

IELG: Say what? - What words do you hear from your toddler during play?

Handout and Activity: Spiders, paper plate spider web

IELG: Bookworm - Looks at books on his own

Let's TALK-A Perfect Storm, family demands

IELG: Come out, come out, wherever you are! - Plays hide and seek

Handout and Activity: Children's Play, thumbprint and pompon caterpillars

Supplemental Material(s)

Thirty Months

Thirty Month Developmental Perspectives

IELG: Picture this - Imitates adult when coloring/drawing

Let's TALK-Efficiency Dilemma, in the moment with your child

IELG: So, this is what numbers mean! - Begins understanding the concept of numbers

Handout and Activity: Consequences, mouse bookmark

IELG: I'm giving it the boot! - Kicks a ball

Let's TALK-High Octane Parenting, consistent discipline

IELG: First this, then that - What happens next?

Handout and Activity: Daily Schedules, daily routine chart

Supplemental Material(s)

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Thirty-One Months

Thirty-One Month Developmental Perspectives

IELG: I've got this grammar thing down! - What does the _ say?

Let's TALK-The Emergence of Empathy, emotional development

IELG: I want you, I don't want you, I need you! - Often displays contradiction

Handout and Activity: A Fun Family Feast, healthy food collage

IELG: How big is this? - Describing size

Let's TALK-Mindful Parenting, helpful routines

IELG: I pretend to be mommy, and teacher, doctor...- Enjoys pretend play

Handout and Activity: No One Like Me, book about me

Supplemental Material(s)

Thirty-Two Months

Thirty-Two Month Developmental Perspectives

IELG: Let's talk? - Actively participates in conversations

Let's TALK-Parenting Karma, caring adults

IELG: SO, I think this means I have to go potty! - Begins to control bladder

Handout and Activity: Read for Joy, make a book

IELG: Is less more? - Which group has more?

Let's TALK-"Jump at de Sun", child's sense of competence

IELG: Let me sort these out - Identifies categories

Handout and Activity: Ready for Preschool, school bus project

Supplemental Material(s)

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Thirty-Three Months

Thirty-Three Month Developmental Perspectives

IELG: Jump like a kangaroo - Jumps one to two feet in distance

Let's TALK-How Does Your Garden Grow, gardening and parenting

IELG: Let's make something - Likes creating

Handout and Activity: School Readiness Skills, color shape game

IELG: Will it float? - Learns about sinking and floating

Let's TALK-Fuel for Growth, how a child develops

IELG: I follow the rules! - Begins to follow simple rules

Handout and Activity: Sharing, cookie counting game

Supplemental Material(s)

Thirty-Four Months

Thirty-Four Month Developmental Perspectives

IELG: Let me tell you about this - Draws picture and tells story about it

Let's TALK-Dare Ya to Love Me, challenging behavior

IELG: Blue and red make... - Plays with mixing colors

Handout and Activity: Birth Order, family book

IELG: I can do that AND that - Follows multi-step directions

Let's TALK-Making Friends, children's friendships

IELG: Make it stick! - Glues items on paper

Handout and Activity: Germ Warfare, germ painting

Supplemental Material(s)

